



Summer Book

2023





De Hastueel

Nr. 18 (Zomerboek 2023)

Mede mogelijk gemaakt door: Luuk, Simon, Bente, Anna, Eva, Vera

Preface

Dear members, enthusiasts, and occasional participants of the Ha-stu Association, Greetings, my wondrous cohort of harmonious hilarity! As we embark upon this sun-soaked summer vacation edition, I am thrilled to pen this preface, tickling your funny bones with an outpouring of affection for our beloved Ha-stu Association.

Now, before I delve into the depths of adoration, let me clarify that our association is like a whimsical amalgamation of kittens, unicorns, and laughter-inducing memes. It brings together individuals who possess the extraordinary talent of turning even the most mundane tasks into extraordinary adventures. With each gathering, we ignite the spark of joy, weaving an invisible tapestry of hilarious anecdotes that would make even the toughest stand-up comedian chuckle in awe.

In the Ha-stu Association, our love for the art of hilarity knows no bounds. We view the world through a prism of absurdity, squeezing every ounce of laughter from the seemingly mundane aspects of life. From the perplexing patterns on toast to the unruly nature of shoelaces, we find humor lurking in the unlikeliest of places. With us, even a simple game of Monopoly can transform into a full-blown theatrical production, complete with epic sound effects and overly dramatic negotiations over imaginary property.

So, my dear friends, as we embark upon this summer vacation edition of the Ha-stu Association, let us remember that the true purpose of our gathering is to spread joy, laughter, and an unruly amount of silliness. Together, we shall paint the world in shades of hilarity, creating memories that will be cherished for a lifetime.

Let the sun be our spotlight, and let laughter be our soundtrack.

Yours in laughter and sunny summer shenanigans,
Chairperson Eva (or was it ChatGPT...?)

Useful sentences for on your vacation

Since the Hastueel is very international this year (once again, thanks Anna...) we thought we could help our dear readers out. We know you all have some exciting summer plans and we want to give you some tips for talking to the locals. Some might be helpful, some might be obvious, some might be ridiculous. Just how you like it. Enjoy.

When in France...

Voulez-vous coucher avec moi, ce soir?
Do you feel like having a nap with me tonight?

Deux croissants s'il vous plaît
Two rolled butter buns please

When in Friesland...

Goeiemoarn, wêr is it húske?
Good morning, where is the toilet?

Een leuk dagje fierljeppen
A nice day of swimming

When in Germany...

Wo ist Anna?
Waar is Anna?

Den innere Schweinehund ueberwinden
When you're traveling, you have to overcome your inner Schweinehund
to make yourself go to new places / Come on, overcome your inner
Schweinehund and go to Hamburg!

Das Gelbe vom Ei
The nose of the salmon

When in Spain...

Vamos a la playa a emborracharnos!
Let's go to the beach and behave!

Hola supermercado telebancos por aquí?
Let's get Spanish

When in Italy...

Mi dispiace
My bike

Quisiera una botella de vino tinto
I'm an alcoholic

When in Croatia...

Govorite li engleski?
Do you speak English?

Očito, nisam idiot
Obviously, I'm not an idiot

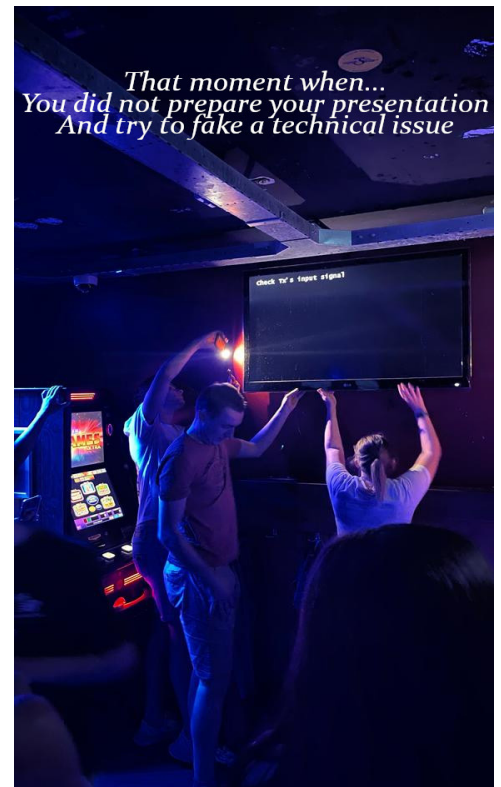
Oprosti, nisam htio biti nepristojan
Sorry, I didn't mean to be rude

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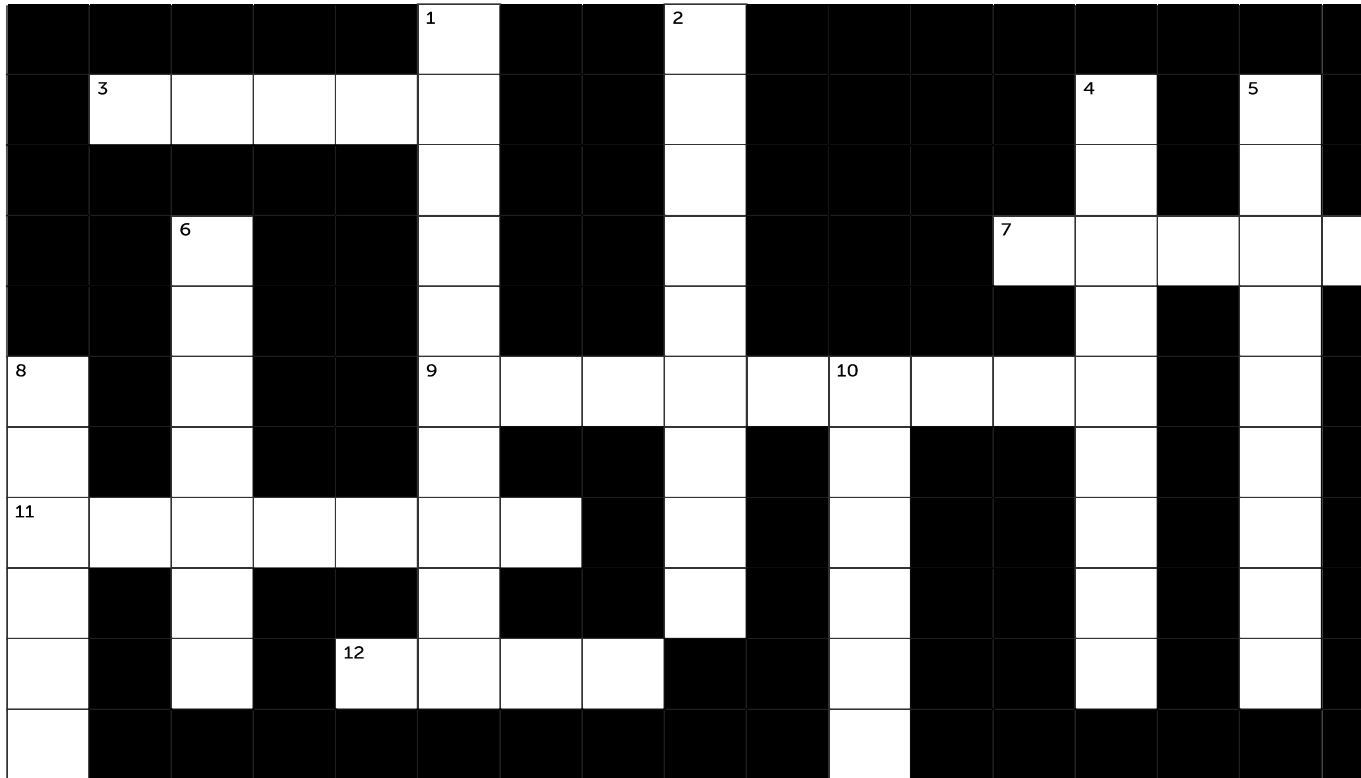


MEMORIES

MEMES



Puzzeltime



Horizontaal

- 3. leukste handbalvereniging van Nederland
- 7. de club van Kay Smits
- 9. Linkerhoek Nederlandse dames
- 11. Staat op de shirts van NL team: Nederlandse...
- 12. Plak

Verticaal

- 1. De Duitse handbal competitie
- 2. Regerend kampioen WK dames
- 4. Cirkelspeler Nederlandse heren
- 5. Je rent dwars door de verdediger heen
- 6. Zoveel meter breed is een hadnbal veld
- 8. Merk handbal
- 10. Voorzitter NHV

Who to follow?

Want to scroll endlessly through Instagram but don't know which accounts to follow? We listed some of our favourite laugh-worthy accounts for you to enjoy.

Raampoos

Enjoy our own personal raampoos Dibbes!



Dailydutchlunch

As they say themselves: "Best of infamous Dutch cuisine". Who doesn't love smurfenbami or natte augurk met frietsaus op een crackertje

Watikmisindesupermarkt

Don't you miss the "Sisi that walk", "Fila Deeg", "Vlam- Hosties" and "Campina Vla Chouffe" in your supermarket? Because honestly, I do.

Degelekaart

Bad puns in advertisement: Hondentrimsalon Trim-salabim
slechte woordgrapjes in advertisement

Rogierroeters

Humoristic artprints with a twist.

Op.een.briefie

'Jullie geven het me op een briefie. wholesome, karen-like and sometimes very demanding briefies that will make your day. "MENS: als je net als (de meeste) hondenbezitters, je eigen STRONT op kon ruimen, moet je lekker op het openbaar toilet of thuisgaan KAKKEN. Vieze strontmol die je bent!"

Does this apply to you?

Kopiekoppels

Een hele kudde!! ANWB koppels need to step up their game.

Siblingsordating

Something to do at sportscafe to break the ice. Are they siblings or dating? Who would ever know.

Glitterplaatjes

Just amazing glitterplaatjes to really spark your day

Fill in story

1. A handball association
2. childhood show
3. mood
4. noun, plural
5. most personal item in your nightstand
6. random item
7. another random item
8. a secret ingredient
9. emotion
10. body part
11. Your secret Ha-Stu crush
12. Hastuid you never speak to
13. Hastuid who is always late
14. Random theme
15. Ugliest item in your grandma's closet
16. Weird accessory
17. Sweet beverage
18. Canned beverage
19. Mood
20. Annoying song
21. Liquid food
22. Best handball player you know
23. Teammate that's always injured
24. Adjective
25. Adjective
26. Emotion (h
27. Emotion
28. Hastuid that always gossips
29. Random fact
30. Classic Ha-Stu song

After weeks and weeks of anticipation, your favorite event of the year has finally arrived: it's the night before your first __(1)__ tournament. Your stress levels are rising as you are packing your __(2)__ themed bag. Besides feeling extremely __(3)__, you're also feeling confused... Why the __(4)__ do you need to bring a __(5)__? Feeling slightly hesitant, you pack it anyways along with some good old __(6)__, a few big __(7)__ and your all time necessity: a __(8)__. Now off to bed for a proper night sleep, as you're not getting much of that after tonight...

You wake up feeling __(9)__. You shower a tad longer than usual preparing yourself for an-y-thing and everything and use some extra soap to wash your genitals and your __(10)__, just in case. During this proper thorough washing sesh, you start daydreaming about all that could happen. Would this finally be the weekend that you and __(11)__ get together and channel your inner Niels en Imke? God you hope it's not gonna be the absolute opposite with __(12)__ chasing you yet AGAIN. You wonder how many times you have to turn them down before they get it. Take a hint bro...

Everyone is gathering at the train station and of course 40 Hastuids all have to wait for ___ (13)___ to get here before we can leave. As we arrive at the sportshall the party is already flowing. You are so excited for this ___ (14)___ themed party. You're all dolled up in your ___ (15)___ with ___ (16)___ and you're feeling mighty confident in it. This party is next level. Instead of drinking pitchers of beer, we're chugging pitchers of ___ (17)___ . Instead of normal blikje tik, we're playing it with cans of ___ (18)___ . A final round of flunky ball serves as the perfect night cap and you're ready for bed. Feeling hazy and ___ (19)___ you waddle to the restrooms and all the alcohol hits you at once. The room starts spinning but the nightmare quickly turns back into a dream. ___ (11)___ is standing right in front of you putting their arms around you and gracefully helping you to their bed. You feel safe at last.

The morning after you're woken up with ___ (20)___ jamming through the speakers and your stomach is not feeling well - at all. You have trouble opening your eyes, but wait.. that does not look like ___ (11)___ laying next to you. Oh no... it's ___ (12)___ staring at you with a peculiar look in their eyes. Running away from all of your problems as per usual, you turn around untill... wait, what is that moist substance that you just found next to your bed? There are better ways of waking up than jab your hand in a bowl of ___ (21)___ , that you - apparently - also ordered last night but never finished.

As much as you expected to feel like a true ___ (22)___ , during the handballmatches you feel more like a ___ (23)___ . Failing one match after another your hangover couldn't get worse. After mostly warming up the bench during the first two matches, you worryingly see your teammates dropping out one by one. You were praying to every God you know hoping you could skip the last match but with only 6 other players left capable of playing a handball match everyone is counting on you and you can feel the ___ (24)___ look in their eyes. There's no way out and you're playing those ___ (25)___ Manos people in the tournament final. After an intense match the tension is rising. It's 10-10 and someone passes you the ball with 3 seconds left on the clock... You feel determined, an unexpected fortitude builds up inside of you and you throw the ball towards the goal as hard as you can. You will be the hero of the tournament. (only you are not since as hard as you threw it, it was no where near the goal so it ends a tie)

Feeling both ___ (26)___ and ___ (27)___ you wander in between the others towards the station, overhearing ___ (28)___ blurt out ___ (29)___ . At this point in the weekend, nothing even surprised you anymore. After yet another eventful Ha-Stu activity, you couldn't be more proud to be a Hastuid and you can not wait what the next tournament holds in store for you. Softly chanting ___ (30)___ you're tired but return home with the next activity already on your agenda... What a time to be a student.

The best Hastueel summer dish

For the last dinner to write this summer edition we met on Anna's roof for some quality food and drinks. Defying the crazy roommate, we got cosy in a picnic setting on a blanket and started our pre-organised buffet. The idea was that each of us would bring a different summer dish, together with a special beer, and everyone would judge together what is the best. Could we have paired the food with the drinks on purpose? We could have. Did Eva do it by accident anyway? Yes. Overall, there was a common thread to all of our dishes: they had some form of cheese in there, either feta or goat cheese, or tomatoes. Can't beat these combinations on the longest day of the year in my humble opinion.

Eva started the evening and transported us straight to Italy with a hint of nostalgia. Her Ciabatta with tomatoes, basil, mozzarella, and some olive oil was a childhood favourite created by her dad, Enrico. We rate this combination: 20 out of stars

We drank this together with the beer that Eva brought as well which tied in perfectly with the Italian vibe she was going for. It is called Birra Moretti Sale di Mare. We guessed that the salt content would be at 1%, but it was actually <0.01%. The combination was perfect and we would recommend the beer to start the evening with, though if you're searching for something salty, this ain't it. ("Didn't taste any salt, though I don't know if I wanted salted beer - is it good that I didn't taste any salt? I'm not one for yellow salty liquids" - Luuk)

Next was Simon with another sandwich, this time a rendition of the club sandwich. As we are vegetarian minded, this came with veggie chicken, some salad, tomatoes, paprika, and egg.

Though the egg was treated as optional and partly discarded. This combination, together with perfectly toasted bread achieved the rating: tasty out of delicious (minus egg)

This sandwich we still drank with the first beer, though that was also a good pairing it was a bit less Italian (insert that hand movement).

The third dish was a salad for a change provided by Anna. As per request, the recipe is mentioned here as well: roughly chop up some Broccoli into small-ish pieces, add some tomatoes in the size of your liking, roast cashews, and add some feta. As a dressing, mix some olive oil with lemon juice, fresh chilli, salt and pepper et voila! Enjoy a refreshing summer salad. We rated this dish: the healthy horse

We paired this salad with Vera's beer, the Lowlander Leftover Lemon & Elderflower, and this was probably the most surprisingly well-matched combo of the evening, even though that was probably only because of the lemon element. Still, this proved to be hella refreshing.

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In fourth place, and by now already slightly filled, we had Bente's puff-pastry pizza. This lightweight but nutri-score D dish is built this way: start with a puff pastry, add some yoghurt, red onion, goat cheese, peach (or nektarine if you're on a budget) & prosciutto. Put all this in the oven until the cheese is nicely golden, and add some Feigen Balsamico, fresh basil, and smoked almonds. This combination was absolutely delicious, so we rated it: D

We also had Bente's beer with Bente's food: the Steen Goed Blond. Another solid beer that we brought to the table blanket. The combination of delicious blond with golden cheese is a banger.

Fifth, we had Vera's feta & spinach pockets. They are exactly what they sound like, so no hidden ingredient there. Put both together into a triangle shaped puff pastry and bake it in the oven for a little while to get something amazing. We rated this simple, but satisfying dish at: better than Borek This we coupled still with the Steen Goed Blond provided by Bente, still going strong and also a great combination.

Last but not least we had Luuk's dish, a Sweet Potato Chilli and a corn & feta salad. The chilli was made with a chipotle sauce which turned out to be spicy, but not too spicy for our present Blonde, Vera. Garnished with some koriander (if that doesn't taste like soap to you), spring onion, lime juice, and some dorito chips at the side, this was a very filling, but satisfying last dish. The wholesomeness of it made us rate it: full / filling

With this last dish, we had a Thai Thai beer which also turned out to be a really good match.

We had a great time eating great food and drinking amazing beer while being out in the sun on the longest day of the year and recommend all of the above to all of you. With that being said, don't despair because your favourite food reviews will return.

Wishing you a food & beer rich summer xx

Ha-Stu Statistics

In order to get to know the members of Ha-Stu, we asked some questions about essential characteristics of you, Hastuids! The results are in and we can present to you this analysis of your fellow members.

We had 34 respondents. This seems to be a representative sample of the complete association, though the number of international respondents was quite low (one German and one Limburger).

The ages of Hastuids

As we can see in the results, most Hastuids are vital adolescents in the prime of their life with the most potential to play handball. More worrying however is that the share of older people is bigger than the share of baby Hastuids. This would mean that Ha-Stu will have to deal with the problem of aging (vergrijzing) in a few years. Normally, the solution would be to raise the fertility ratio per member, but we all know that that's only relevant if you are a member of Havana.

How Hastuids drink their beer

This is very good insider information to take into account when estimating how good you will do in the adt-competition. As we can see, you are already in the top 12% if you are able to open your throat. Furthermore it is nice to see that there are no members too young to drink, so you can naai anyone an adtje aan without risk of causing underage drinking.

What Hastuids wear when going to sleep

Luckily, the majority of Hastuids seem to be sane people. The rest of this question is making me uncomfortable.

How Hastuids rate Ha-Stu as a students-handball club

Most Hastuids had the right answer to this question. Some members unfortunately got it wrong, and seemingly do not realize that they are members of the perfect students-handball club. Only one student handball association can rule them all at the GNSK.

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How deeply Hastuids can withstand Hell

With the answers to this question, you now know what to do if you are ever handed the temperature controls of the RSC shower before wodka will be enjoyed. It seems that there is really no wrong answer here, just don't put it on the brink of freezing since then no one will be left surviving to join you.

How Hastuids eat their toasties

Most Hastuids got the right idea here and eat toasties as intended, with some lost souls attacking the triangular toastie from the wrong angle. Approximately 20% of Hastuids seem to frequently commit crimes against toasties.

What Hastuids cannot live without

The answers to this question are very interesting. Apparently, a quarter of Hastuids are plants and need the sun instead of oxygen. A somewhat smaller portion of Hastuids only need our glorious association to carry on (you're real ones). Also, around 15% of Hastuids only need some more beer when tired during a match and a small 12% seems to be brainwashed by wifi and the color green, which is worrisome.

The favorite date of Hastuids

Do you fancy one of your fellow Hastuids? Totally understandable. Ever wondered what to do if you manage to ask them out? Now you know! On any DD/MM/YYYY, take them to dinner and a movie. You're sure to score if you do it on Eva DJ's birthday. Don't know when that is? Then your best bet is April 15th.

The favorite social media of Hastuids

Do you fancy one of your fellow Hastuids and want to stalk them first? A little less understandable. It seems that your best bet is good ol' Instagram, as you will see most Hastuids there. Otherwise you will have to get to the internet archive and search for your person of interest on MSN or Hyves.