

## Foreword

Dear lovely Hastuids,

We present to you another fresh off the press edition of the Hastueel. A lot happened between last edition and this one, like the Stropdassen Kroegentocht and the Ha-Stu tournament. For everyone who was not at Stropdassen: we've got some recaps for you. For everyone who was there: we've also got some recaps for you, because we know you barely remember a thing. We've added a little game to see if you remember the day correctly. Besides some brain training, we provide you with some leisure as well. Soothing stories, helpful tips and a quiz - we've got you. And if you ever don't know what to eat or drink: we have a recipe review and a craft beer review for you. We cannot promise the rating is understandable, but we can promise we've enjoyed the beers. And to conclude, if after a Friday practice you sit down at the sports cafe and feel like going home with someone... There's a little something in there for you as well. In any case, we hope you enjoy this edition as much as we did writing it.

Eva  
"Chairperson"



## Predictions for Ha-Stu tournament

Because we already met a little bit before the Ha-Stu tournament was to take place, we took it upon ourselves to see if we could predict what was yet to happen (insert weird futuristic noise). Of course we waited out to see until after the tournament to see if any of this would come true, but as you know your favorite authors, most of these predictions will probably end up being true af.

Manos will take the prize for being the ‘weirdly intense team’  
Havana & Manos will for some reason be last in the adt competition  
One Ha-Stu team will finish first and one Ha-Stu team will finish last  
At least one Hastuid won’t make it past the wodka-shower  
Three out of six Hastueel members will be late for the tournament  
HV Beertje will dress up as “beertjes” (bears) for the party

### Hastueel member predictions

It will take Anna more than half an hour to kiss a man - Came true  
It will take Luuk less than half an hour to kiss a man - Came true  
Eva’s sister will beat her in the adt competition - No due to her sister not being there  
(sad)  
Bente will be there longer than she intended to be there (>1 hour) - Came true  
Vera will show up as herself -  
Simon will regret the party in the morning - Yes due to not being there

### What actually happened

Manos was definitely the ‘weirdly intense team’. In other news, water is wet.  
Havana were for some reason last in the adt competition, Manos didn’t even bother participating  
One Ha-Stu team did finish last (Ha-Stu gents) and one Ha-Stu team did finish first  
(Ha-Stu gents filling in for Havana)  
One Hastuid did not make it past the wodka-shower  
One out of the four participating Hastueel members was late for the tournament  
HV Beertje did not dress up as “beertjes” (bears) for the party

## Chug competition

Sticking to tradition, we continued the chug competition. Some people had something to prove and tried three times before getting a reasonable number (not calling out anyone, especially not Bente). Others beat the fucking record in one go. Are you kidding me Julian??? All jokes aside, the Hastueel editors' office is beyond proud.

This is the current state of the Ha-Stu top five beer chuggers:

Julian	1.68
Geerten	1,75
Takke	2,84
Bijan	2,95
Pepijn	3,29

## Interclub chug competition

We all know of the internal Ha-Stu chug competition. This year, we decided to take a step outside and see if any of the other clubs could beat Ha-Stu. These are the results:

1	Jord	Oktopus	1.68
2	Cas	Torius	2.00
3	Reinout	Havana	3.00
4	Ilse	Havana	3.79
5	Britte	Camelot	5.26

As you can see, no one beat Ha-Stu, although we now have a nice tie between our beloved treasurer and this Jord from Oktopus. We expect revenge to happen at the Oktopus Tournament... No pressure.

## Life hacks with Hastueel

- 1.** If you never stop drinking you'll never be hungover
- 2.** If the battery of your watch dies don't replace it! It will be right twice a day
- 3.** Hide your handball outfit in the ceiling in the dressing rooms so you can use it next practice. You will never have to bring your stuff again!
- 4.** Always drink your beer upside down. Now you never have too much foam anymore!
- 5.** Eat all your dinners on monday so it will save you time during the week.
- 6.** Use google maps street view to save money by not going vacation anymore
- 7.** Wear your bed sheets before you put them in the washing machine. It's Greek day!
- 8.** Never wear earplugs! Your tinnitus will make sure you'll never wake up too late again
- 9.** Make sure you have sex during the night because the sperm will be asleep so no one gets pregnant.
- 10.** Start working for Albert Heijn for a week and buy all your groceries for the upcoming year. Then quit your job. Profit!
- 11.** You need to do your dishes but also need to cook your lasagna? Put your lasagna in a plastic container and put it in the dishwasher. It will be cooked when the dishwasher is done.
- 12.** Put all your clocks forward for five hours right now. You are now done for the next five years already!
- 13.** Buy 100 powerbanks and charge them when the price for electricity is low and use them for all your appliances when prices are going up!
- 14.** When you have a job interview, always give a fake name! When the application goes bad you can still re-apply with your real name!
- 15.** When you cook food for someone and they say: It's good but it's not my cup of tea. Believe them and continue cooking the same thing for other people. They can't possibly be lying?

## Random beer review

When we came together in a cafe for our second meeting of this edition, we thought we'd change things up and go to a cafe to write. The choice was made for Cafe Camelot and the smallest table was chosen to seat 5 of us. As you can imagine, most laptops were placed on our laps to write to make sure the beers could be placed on the table.

We as the Hastueel editors take our job to test out craft beers for you very seriously. Given the previous success of the beer review, we thought that with this amazing location, we should do another tasting, but spice it up a little bit: each of us would order a random beer, and when the waiter would come back to bring them, the beer would be placed randomly in front of someone. Great idea, amazing execution. This is what we ordered and what we then got handed by the waiter:

Bente ordered a Troubadour and got the Davo Quadro  
Simon played it Seef and got the Thai Thai  
Luuk ordered a Thai Thai and got the Troubadour  
Anna ordered a Davo van Don and got the Seef  
Eva ordered a Davo Quadrupel and got the Davo van Don

And this is what we thought of it:

*Bente*: “treacherous because it tastes like I could chug 6 of them but the word quadruple suggests I shouldn't” (Just 40)

*Simon*: he had to take a sip and think about the answer before giving it. After a brief thinking pause, the answer is: “It has a nice, full taste with a clear hint of spice. It tastes expensive though, and that's taai.” (A+)

*Luuk*: “pretty nice”, but not hot as the add-on name Magma suggests. It's also not very hoppig, but has some sweetness to it. He says it's supposed to be an IPA so that's where the hoppig-expectation came from, but alas, it wasn't (14/18)

*Anna*: “This is a very seef beer to drink, I could actually drink six of it and not get hammered. I'm sure if I drink enough of it, it will be a FEEST” (2+ on the German grading scale)

*Eva*: “before I drank it I was scared and worried. After half a glass I was starting to enjoy it, maybe because the alcohol percentage is 10% and it wasn't my first beer. All in all, not my taste, but if it has enough alcohol it will be” (13/20)

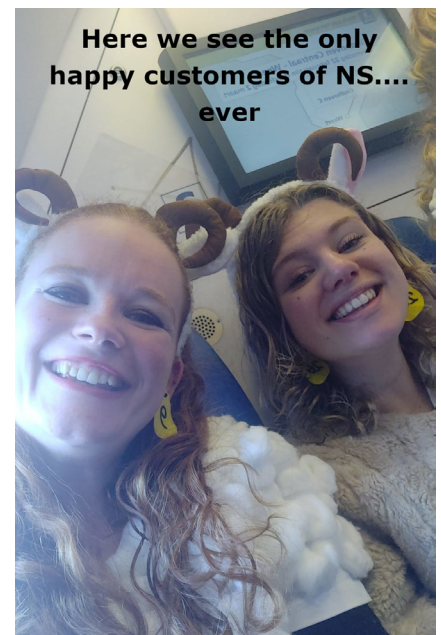
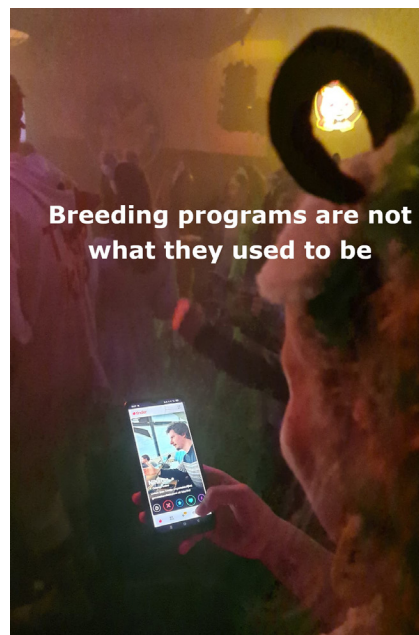


## Food review

### *roasted cauliflower steak with garden pea mashed potatoes*

We met at Luuk's for the first meeting of this edition. And as men should, Luuk was in the kitchen. We tried to help out, but he takes feminism really seriously (\*slay\*). The recipe to be cooked was from Albert Heijn, called "Roasted Cauliflower Steak with Garden Pea Mashed Potatoes". We started getting into the Hastueel-spirit by exchanging some new and not so new gossip and before we knew it our dinner was ready. It was a great balance between the smoothness of the garden pea mashed potatoes and the spices on the cauliflower. According to Anna, the mashed potatoes tasted like pee. I mean, pea-y. Because we have a blonde in our group, Luuk was forbidden to use too much red chili, because blondes obviously can't handle spice, so the cauliflower steak wasn't very spicy.

However, because of the added walnuts and mint leaves, it was a tasty dish! And not to mention very healthy 'cause we care about that. If you have a man at home, give him this recipe to cook for you when you get home from work! Just kidding, but we still recommend it!



## Did you know...

Wist je dat Eva (Smakkie) het altijd koud heeft omdat ze in een hittegolf is geboren en het toen even warm was als in een vajayjay

Wist je dat Michelle's fiets de kleur 'oud' heeft

Wist je dat Vero zoveel fouten maakt tijdens een spelletje dat ze maar besloten heeft in het sportcafe te gaan werken

Wist je dat naast de smaak van wijn je met de mond nog andere elementen kan waarnemen?

Wist je dat Stef een mindfulle eter is?

Wist je dat ijsbergen stinken (echt waar)

Wist je dat een kilo tomaten zaadjes duurder is dan een kilo goud?

Wist je dat Vero kan geen gen Z hartje maken met haar vingers

Wist je dat Floor haar tosti insmeert met ketchup zoals ze haar vriend in zou smeren met zonnebrand

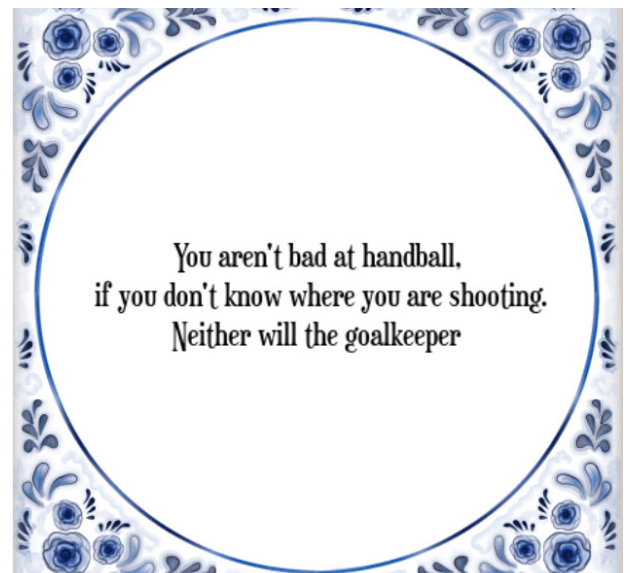
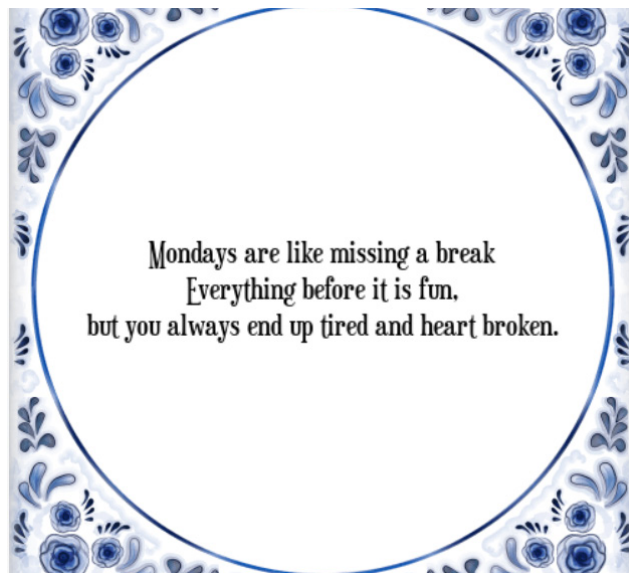
Wist je dat Lou is a square

Wist je dat Mats zijn genre volgens hem zelf een basic White boy is?

Wist je dat je Mats ook paard mag noemen?

Wist je dat Miret houdt van friemelen in een escaperoom?

## Tegelwijsheden



## Vera's Nightmare

As an exclusive insight into our editor's life, we are happy to tell you that Vera is currently studying for her driver's license. This made us wonder, if you already have yours, would you pass the test, were you to take it again? Among ourselves, we were sure that the chances are very high that we would indeed fail. Luckily enough, this test has zero consequences for real life.

**1. If you are going out and going to drink alcohol, the best way to avoid having to drink and drive is to:**

- A. Wait for one hour after your last drink before you drive home.
- B. Organize beforehand a way of getting home where you are not the driver.
- C. After you have had a few drinks, start to think about how you will get home.

**2. You are approaching an intersection that has a red light camera. The lights turn yellow when you are too close to stop safely. The lights go red as you get to the other side of the intersection. Will you receive a penalty notice?**

- A. No, because the camera only takes a photo if you cross the stop line after the lights turn red.
- B. Possibly, because you were in the intersection when the lights turned red.
- C. Yes, but a driver is entitled to advise the Police Service and have the case heard by a court.
- D. Yes, a fine will be issued.

**3. When driving on a slippery wet road, for example, one covered in early morning dew, your vehicle will:**

- A. Enable Tokio-Drift mode
- B. Take longer and further to stop
- C. Be heavier to steer.
- D. Be easier to steer and handle.

**4. When starting to overtake you see the dividing lines ahead change to double unbroken lines. What should you do?**

- A. Keep overtaking and cut in in front of the other car as soon as possible
- B. Do not overtake because you are not permitted to overtake on double lines.
- C. Continue to overtake because you started when the line was broken.
- D. Pedal to the metal.

**5. When driving at sunset or dawn on a dark day, what should you do?**

- A. Turn on your lights on low beam
- B. Flash your lights up and down as a warning
- C. Turn on your hazard warning lights
- D. Keep your sunglasses on to cut down headlight glare



Mede mogelijk gemaakt door: Luuk, Eva, Vera, Laura, Anna, Simon, Bente

**6. You wish to go straight ahead on this roundabout with two lanes. Which lane may you use?**

- A. Either lane.
- B. Left lane only.
- C. Right lane only.



**7. You are in busy traffic and slow down for a bicycle rider. A driver behind you beeps a horn and pressures you to go around the bike and drive faster. How should you respond?**

- A. Go slower because the slower you go the safer you are.
- B. Overtake the bike quickly and speed up to stop the other driver becoming aggressive.
- C. Resist the pressure, stay calm and overtake the cyclist when it is safe.
- D. Give them the finger through the rear mirror.

**8. You are driving a vehicle that only has a seat belt for the driver. To reduce the danger of being in a vehicle without a seat belt, where is the best place for passengers to sit?**

- A. In the front seat sharing your seat belt (sharing is caring).
- B. In the back seat.
- C. In the front seat.

**9. You wish to turn right here. The pedestrian lights are flashing red. You should:**

- A. Slowly move through the intersection turning right.
- B. Pedal to the metal.
- C. Give way to pedestrians still crossing.



**10. A driver behind you signals their intention to overtake your car. What should you do?**

- A. Signal the driver to remain behind you if it is traveling too fast.
- B. Speed up so that the driver will not have to overtake.
- C. Keep to the right and let that driver overtake you.

Normally, there are many more questions in a real exam, but we figured this quiz might otherwise require a small trigger warning. Check if you would pass again, but don't despair if you don't - no one is going to take your license away now.

## Sportcafe speeddating convo topic

We at the Hastueel support Hastuids meeting new Hastuids. That's why we're giving you a tiny push in the right direction introducing "Sportcafe Speeddating". Whilst passing the extensive cooking time for your weekly panini we have summed up the perfect topics for you to discuss with your favorite new handball friend. So order that big ol' jar of Weizen, gather around and open yourself up to the most random convo yet (and please inform the Hastueel about funny encounters) with these braincrackers:

-Why shouldn't you use a water kettle in hotels? (trust me, you really shouldn't)

-Would a penguin taste like fish or meat?

-Why do we get hiccups?

-Grolsch vs Hertog Jan

-Cats or dogs

-Is darts a sport?

-Over or under?

-Weirdest place you've woken up

-Biggest fear

-Do you poop in public places?

Braincracker: what happens when people who can only poop at home move to a different house?

-Do smartphones make us stupid humans?

-Say out loud:

-Zehn zahme Ziegen zogen zehn Zentner Zucker zum Zuericher Zoo

-Blaukraut bleibt Blaukraut und Brautkleid bleibt Brautkleid

-Fuzzy wuzzy was a bear

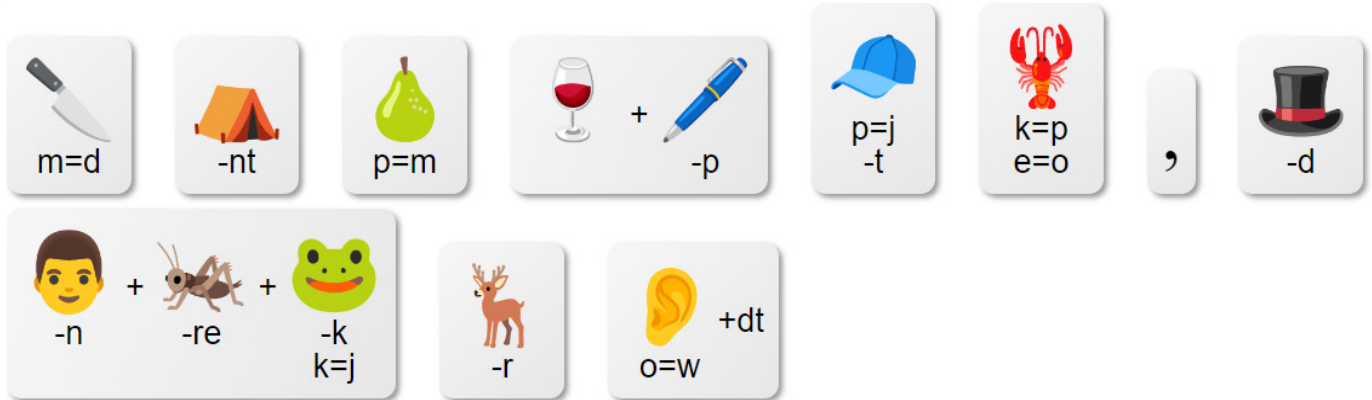
Fuzzy wuzzy had no hair

Fuzzy wasn't very fuzzy, was he?

-If two witches were watching two watches, which witch would watch which watch?

-Science says we search for a partner that looks like our parents. Do I look like your mom or dad?

## Rebus



des te meer wijnen je proeft, hoe makkelijker het wordt  
 Answers driving test: A, A, B, B, D, A, C, B, C, C

## Did you know...

Wist je dat als je je douchegel vergeten bent, Luke wat in het plafond van de douche heeft gestashed die je wel mag gebruiken?

Wist je dat tijdens het hastu feest anna's tiet van bier gemaakt is?

Wist je dat Floor en Juliet tijdens de teamactiviteit het voor elkaar krijgen om boter inclusief verpakking in de fik te zetten

Wist je dat des te meer wijnen je proeft, hoe makkelijk het wordt

Wist je dat... slaughter over slay

Wist je dat evi bruncht met bittergarnituur

En wist je dat dat lekker snavelen is

Wist je dat Maren niet wist dat Tess en Pepijn al een jaar een relatie hebben

Wist je dat Dominique een trio wil met Ilse en Yvon?

Wist je dat Lise de kat van Stef op t vuur wil gooien

Wist je dat iedereen weet dat Stef zijn kat aids heeft behalve Mats

Wist je dat vulkanen zegmaar echt lises ding zijn

Wist je dat Carlijn dacht dat Kroatië voor Brabant was omdat het ook rood/wit geblokt is

## Schapen waren lam

As it has been teased in the Foreword, here you can find the recap of the Stropdassen Kroegentocht. The theme of the collective group costume was “sheep”, just so everyone understands why we mention them so often here. So here you can find out what happened if you weren’t there and reminisce about it if you were there but forgot already. Is this truly what happened? We certainly won’t tell you, because the 3 Hastueel members that were there are also not sure anymore (memory loss at a young age is a thing you know).

The one and only Ha-Stu Household got plenty of new additional items to further decorate the house with stolen bar stuff

Everyone got a stropdas on time

No one spent extra money on alcohol because the 17 beers were enough for everyone

Two sheep, again, went into the stripclub closet and took some nice nipple tassels home

Someone kissed someone who shouldn’t have kissed anyone

Someone fell asleep counting sheep

17 beers turned out to be the best medicine for a hangover

Getting fries nearly got us getting fights

Love Island’s “finest” grabbed some sheep’s ass

The shepherd managed to keep his sheep in line

Bets were made and bets were won

The fries were surprisingly not raw

Schapen waren lam

Someone spun around the stripper pole like a pro

Costumes with hours of blood sweat and tears in ‘em, were only worn for a shabby 15 minutes

Half of the board shared a tad more than a platonic greeting

All sheep made it back home as one flock